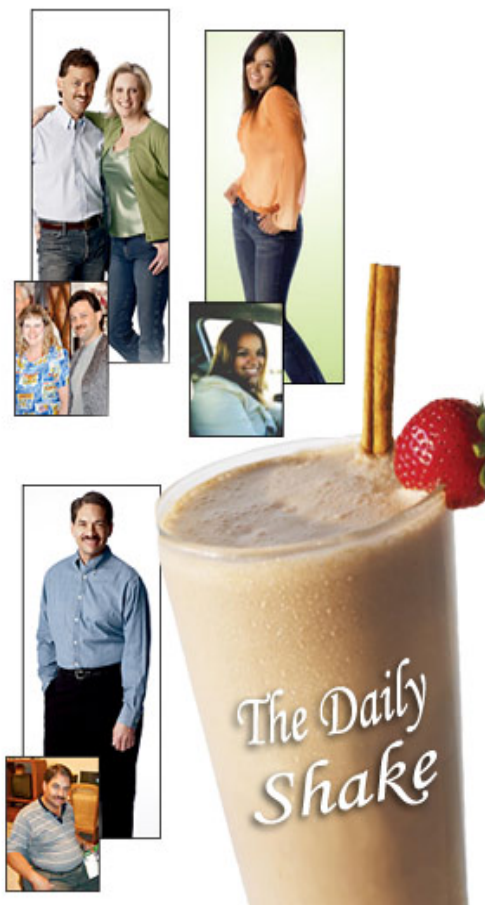


FREE NUTRITION CLASS AND WEIGHT LOSS COMPETITION!



IT'S A FACT: Over 64% of all Americans are overweight and obesity is becoming an epidemic!

WE CHALLENGE YOU TO BECOME ONE OF "THE BIGGEST WEIGHT LOSERS"

Let's join together to reverse this obesity trend.

The 12-week program (some may be 9 weeks) advises proper nutrition, healthy food choices, and encourages exercise. Each person will receive personalized one-on-one coaching weekly. The cost will be \$35 for the 12 weeks. Money will be paid out in cash prizes to the winners. Specific rules will be in place, to keep everyone consistent.

If you fail to weigh in weekly?

Pay a \$5.00 fee • Pay a \$1.00 fee per pound gained

These fees will be added to the cash payout. Every week participants will weigh-in and consult with the coaches, who will help you along the way, offering various options to help reach your ideal weight and body composition. The program encourages participants to eat a healthy level of protein and calories each day and teaches the benefits of good nutrition and exercise.

Come by yourself or bring a friend! You'll learn something new every week, but the most important part of the Challenge is to have fun!

If you are interested in becoming a part of the next 12-week competition:

YOU CAN PRE-REGISTER FOR THE CONTEST BY CALLING us at our club.

If you are not of the competitive sort, please feel free to join us for our FREE Informational Meeting. Learn how to eat & stay healthy with our fast paced lifestyles, receive a FREE metabolism test, plus much more...

Shape Up Nutrition Center

9 Market Street

Poughkeepsie, New York 12601

(845) 4-RESULTS / 473-7858

Classes Starting SoonCall To Register! • Free Nutrition Class • Weigh-Ins • Individual Coaching • Shapeworks™ Available •

Weight Loss Challenge Participation Agreement

Thank you for your interest in the Weight Loss Challenge! Through the Challenge, Herbalife Independent Distributors (also known as “coaches”) are able to help participants work toward their weight-loss goals and improve their overall wellness. We want you to have a great time as you have fun and meet new friends at our Weight Loss Challenge. Remember that any reasonable diet or weight-management program includes exercise and sensible meals, and it’s always a good idea to consult your primary physician before starting an exercise or weight-management program.

The coach(es) responsible for this Challenge:

Name(s): _____

Contact Information: _____

Please read this document carefully and sign it to confirm that you understand all of the general terms of the Weight Loss Challenge.

- In return for your Participation Fee of \$35* and upon signing this document, you are entitled to participate in the Weight Loss Challenge identified below and you will be eligible for the various prizes and/or payouts which are awarded upon its conclusion. You will also attend weekly weigh-ins where you will have the opportunity to ask questions, receive coaching and education.
- This Weight Loss Challenge begins the week of _____ / _____, 20____ and ends the week of _____ / _____, 20____.
- Coaches are independent businesspersons; they are solely and exclusively responsible for the operation and details of each Weight Loss Challenge.
- The purchase or consumption of Herbalife products in conjunction with your participation is recommended, but not required.
- The *Participation Fee* of \$35* covers all prize payouts, plus minimal operational costs.
- The *Weight-Gain Fee* is \$1* per pound for weight gained since the last recorded weigh-in.
- The *Absence Fee* is \$5* for each absence. One (1) absence is allowed without penalty.
- The Participation Fee is fully refundable if requested by the participant within the first 48 hours of the Challenge start date.

*Amount is in U.S. dollars.

- *Weight-Loss Payouts* are paid to the top 3 weight losers as follows:
 - **1st Place:** 50 percent will be paid to the person who has lost the greatest percentage of his/her body weight by the end of the Challenge.
 - **2nd Place:** 30 percent will be paid to the person who has lost the next greatest percentage of his/her body weight by the end of the Challenge.
 - **3rd Place:** 20 percent will be paid to the person who has lost the next greatest percentage of his/her body weight by the end of the Challenge.
- *An Inches Payout* is paid to the participant who loses the most inches and is not also a top 3 weight loser; this winner receives all money collected from Weight-Gain and Absence Fees.
- If, after reading this document, you have any further questions about the Weight Loss Challenge, do not hesitate to ask the coach(es) listed in this Agreement.
- As a participant, you should communicate regularly and fully about your progress and never hesitate to ask questions, so you can receive the appropriate advice and coaching.
- You must be at least 14 years of age to enter a Weight Loss Challenge; if you are 14 to 17 years old, your parent or legal guardian must sign this Agreement on the line provided.

I, _____, have reviewed and agree to all of the above.

Signature: _____ Date: ____/____/____

Signature: _____ Date: ____/____/____
(Parent or legal guardian signature required if participant is under the age of 18.)

Address: _____

City: _____ Zip: _____

Phone: _____ - _____ - _____

Email: _____

How did you hear about this Challenge? (please check)

Prior participant Referred by a friend (name): _____

Newspaper ad Postcard (color of postcard or name listed): _____

Other: _____